

Level 1 Sports Trainer

Sunday February 27 & Sunday March 6

9:00am - 5:00pm (both days)

Echuca Sports Medicine Clinic, 344 High St Echuca

Cost: \$199

Course Number: 31111

Sports Trainer Re-Accreditation

Sunday March 6, 5:00pm - 7:30pm

Echuca Sports Medicine Clinic, 344 High St Echuca

Cost: \$95

Course Number: 31111R

Frequently Asked Questions

Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course.

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

Level 1 Sports Trainer

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

For further information regarding any of the above courses please contact Sports Medicine Australia on 03 9674 8777 or ssp@vic.sma.org.au



ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)

Please debit \$ _____ From : MasterCard VISA

Card Number _____

Card Expiry Date ____ / ____

Name (as it appears on the card) _____

Signature _____

Please send cheque or credit card payments to:

Sports Medicine Australia - Victorian Branch

Sports House, 375 Albert Road, South Melbourne 3205 ABN:13 821 409 176

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation

Facebook sportspeople.com.au Other _____

Please make cheques payable to
"Sports Medicine Australia"
and send to:

Sports Medicine Australia,
Sports House, 375 Albert Road
South Melbourne, VIC, 3205
Phone: 03 9674 8777
Fax: 03 9674 8799

e: ssp@vic.sma.org.au